

TIME TRIAL REPORT

For the second time in six months, we regret to report the passing away of a fellow member and Time Trialist of note. We mourn the untimely, and senseless, death of **Denis Nixon** on the evening of 20 March 2007 – ironically on the eve of Human Rights Day. Unfortunately, no rights – human or otherwise – were granted to **Denis** and it is our heartfelt prayer that justice will prevail.

Condolences are extended to **Denis's** family circle and all his friends and acquaintances – may they all find comfort and solace in the memories that he has left behind.

The Ladies Time-Trial Competition, held over six weeks, has just concluded. Judging from the numbers taking part, this event is proving more and more popular every year. In my opinion, its timing is perfect – in the run-

up to the Two Oceans – and provides that little bit of "speedwork" essential for sharpening up for the BIG ONE. Well done to all involved – organisers, statisticians, participants and prize winners, and those who did the "full six".

Since our last publication, the following milestones have been reached: **Charlotte Kettlewell** and **Stephen Brindley** (100); **Lindsay Madden** (300); **Jenny Slack** (400); **Pete Shannon** (600) and **Dave Artlett** (800). On the brink are **Paul Fortuin** (396) and **Gus Thompson** (596).

As always, we conclude with a special thanks to Lynette and all her helpers who ensure the smooth running of our Time Trial

David Artlett

Leading attendances as at 14 March 2007

Dave Artlett	806	Lindsay Madden	311	Mike Clarke	144
Steve Behrens	747	Vincent Kingswell	292	Mike McMaster	144
Pete Shannon	606	Bryan Bernfield	285	Peter-John August	132
Gus Thompson	596	Lynne Tolsma	266	John Cronje	128
Barry Bester	552	Graham Norris (R.I.P.)	214	Karen Little	127
Denis Nixon (R.I.P.)	478	Michelle Diener	209	Nicky Frieslaar	120
Tom Ambrose	443	Jeff Smith	193	Andrew Pollock	118
Mark Tolsma	436	Vanessa Fabe (R.I.P.)	192	Shamiel Martinus	110
Jenny Slack	409	Paula Van Der Merwe	183	Freda Van Wyngaardt	110
Paul Fortuin	396	Gail McLellan	183	Ian Jennings	105
Monty	384	Leanne Slack	179	Charlotte Kettlewell	105
Jill Artlett	384	Anthony Smith	177	Craig Mccarthy	104
Paul Slack	358	Andre Diener	174	Heinrich Dietzsch	102
Alan Kay	339	Derry Devine	153	Theresa Burgess	100
Chris Martin	318	Julia Barlow	149	Stephen Brindley	100
Mike Smith	316	Mike Delmar	145		

COURSE RECORDS (Men):

Senior (M)	Vuyani Sixaso	27/08/03	15:41
Veteran (M)	Malcolm Powell	10/03/04	16:59
Master (M)	Heinrich Dietzsch	30/03/05	18:25
GMaster (M)	Roy Anderson	13/10/04	20:52
GGMaster (M)	Dermott Devine	01/03/06	26:27
Junior (M)	Masibeko Mncedi	10/08/05	16:27

COURSE RECORDS (Women):

Senior (W)	Renee Scott	31/03/04	18:18
Veteran (W)	Renee Scott	31/03/04	18:18
Master (W)	Dawn Middelkoop	01/03/06	20:49
GMaster (W)	Gail McLellan	13/12/06	25:20
GGMaster (W)	Marianne Balarin	20/07/05	36:16
Junior (W)	Dominique Scott	29/06/06	18:34